



ORDER OF MALTA
HOLY FAMILY HOSPITAL
BETHLEHEM

Where there is always a place in the inn for all

Volume 25, issue10

- Inside this issue:**
- Editorial*
 - A Memorable Birth Experience*
 - Baby michel*
 - Baby Kaiel*
 - Baby Melanie*
 - Baby Maritta*
 - MIC Training*
 - Menopause*
 - Blessing*
 - Successful training*
 - Statistics*

On October 1st, Brother Jack Curran of Bethlehem University wrote "It is with a heavy heart and a feeling of worry that I write to you this evening. Just 500 meters from the birthplace of Jesus, the Prince of Peace, where our beloved Bethlehem University is located, we are living in a time of trouble, of serious trouble!"

For a year now, the Holy Land has been going through a very troubled period and everyone is asking very legitimate questions about their future.

The economic situation in the West Bank is worrying and it is further aggravated in Bethlehem by the absence of pilgrims, the main source of income for the inhabitants. If thanks to donations the hospital can make efforts to reduce the cost of consultations or deliveries, the fact remains that medical care costs more and more in the finances of families.

However, the hospital remains a haven of peace in the whirlwind of hatred and violence that reigns all around. The hospital employees, despite the daily difficulties, work with great professionalism and selflessness for the well-being of the patients who come there. They deserve your recognition and admiration.

After a year of turmoil, full of uncertainty and anxiety, the hospital can be proud of its staff and the care it provides in accordance with the spirit of Blessed Gerard, remaining attentive to the needs and well-being of all, but especially the poorest.

HOLY FAMILY HOSPITAL
322-326 Paul VI Street
P. O. Box 8 – Bethlehem
Palestinian Authority

Tel: +970 2 274 1151
Fax : +970 2 2741154
E-mail :
Info@holyfamilyhospital-
bethlehem.org
www.holyfamilyhospital-

A Memorable Birth Experience

Sabreen shares, “At the Holy Family Hospital, I felt they cared for me as a person first and foremost, which gave me an indescribable sense of comfort and reassurance. The support I received here was invaluable, and I am grateful for every moment.”



When Sabreen discovered her pregnancy, her first choice was to return to the Holy Family Hospital. Due to Her experience during her first birth in 2021 which was reassuring and safe, and she was completely satisfied with the care and guidance provided by the doctors. This time, as her pregnancy progressed, Sabreen felt a deep sense of comfort and confidence during every visit, supported by the attentive medical staff.

Throughout her pregnancy, Sabreen eagerly anticipated the arrival of her new daughter. With each visit to the hospital, she became more convinced that her decision was the right one. The medical team was always there to provide support, from friendly conversations to valuable advice on both physical and emotional well-being during pregnancy

On October 1, 2024, Sabreen welcomed her daughter, Lara, into the world through a normal delivery, weighing 3.010 grams. It was an unforgettable moment, with the medical staff surrounding her with love and care, making the experience even more beautiful and smooth.

Thanks to this positive experience, Sabreen encourages other mothers to choose the Holy Family Hospital, where safety and personalized care come together to create a remarkable birth experience.



Baby Michel

When Richael decided to give birth at the Holy Family Hospital, she was looking for a place where she could feel safe and supported for the arrival of her third child. This experience was new and different for her, as she received exceptional treatment in a comfortable atmosphere that reassured her about both her life and her baby's.

Thanks to the competence of the medical team, Richeal welcomed her baby, "Michel," weighing 4.020 grams, in excellent health. This outcome filled her with gratitude for her decision that she chose Holy family Hospital.



Richael explained, "Here, I found the reassurance and care that make life feel more valuable."

Her husband, Alaa, added, "When we see the smiles on the faces of the medical staff, we realize we made the right choice. You are a beacon of hope."

Together, they felt that their experience at the Holy Family Hospital not only brought them a beautiful new addition to their family but also provided them with lasting memories of care and support during a significant moment in their lives.



Baby Kaiel



From the moment Veronica and Ameer stepped through the doors of the Holy Family Hospital, the medical staff greeted them with warm smiles and a comforting atmosphere, making them feel right at home. Everything had been carefully arranged, from the room where their newborn would be placed to the emotional support provided by the nurses and doctors.

As the moment of birth approached, Veronica was surrounded by her loved ones, while Amir offered her strength and reassurance. On October 7, 2024, Kaiel was born weighing 3,160 grams, bringing pure joy to their hearts. Veronica and Amir felt that every effort and sacrifice had been worthwhile as they embraced their new daughter with overwhelming love.

After the birth, ***the couple reflected, "When you choose a place with a family spirit, you realize that love and care are present in every moment. We are grateful to be here, where they embraced us as if we were part of their family."***

In the days that followed, the staff continued to provide exceptional care and support, making the birthing experience special and inspiring. Kaiel was a symbol of hope and happiness, marking a beautiful new beginning in the lives of Veronica and Amir.

Baby Melanie



After a successful and safe birth experience at Holy Family Hospital in 2021, Amanda never considered any other place for her second pregnancy. She found a doctor who truly valued her humanity and a dedicated staff committed to providing care in every detail.

As the moment of delivery approached, Amanda felt completely secure, knowing she was in capable hands. She welcomed her baby girl "Melanie" into

the world peacefully, cherishing this moment as one of the greatest milestones of her life.

Amanda reflects, "Giving birth at Holy Family Hospital is not just an event; it's a passage to a new life filled with hope."

With this profound experience, Amanda and Joseph felt a deep sense of gratitude for the compassionate care they received, solidifying their bond as a family and their connection to the supportive community that welcomed them.



Baby Maritta



kassandra and Shadi had previously enjoyed positive experiences at Holy Family Hospital, making their decision for the current pregnancy an easy one. **Shadi remarked, "My wife has given birth here twice, and she always receives the best care, leaving the hospital in good health with our babies. For this pregnancy, we didn't hesitate to come back; I know my wife is in safe hands."**

On October 21, 2024, Kassandra welcomed her daughter, Maritta, who weighed 2,780 grams, through a normal delivery. Reflecting on her experience, **Kassandra shared,**

"Of course, I felt nervous about the birth, but everyone was so supportive. They understood my feelings and worked to alleviate my anxiety and physical pain. The most beautiful moment was when I held my baby in my arms; I forgot all the exhaustion I felt. Those indescribable feelings of joy are thanks to the medical staff who gave me their best."



She continued, **"Thank you to everyone and to the hospital for providing the best skills and expertise for families."** Kassandra and Shadi left the hospital not just as a family of four but filled with gratitude for the care and compassion they received during such a significant moment in their lives.

MIC Training



Pregnant and postpartum women often face significant mental health *and* psychosocial challenges that in many cases remain unaddressed and may result in future deterioration of their physical and mental well-being and affect their relationships with their families. Additionally, health workers are often not trained to detect psychosocial distress and provide immediate support or assistance for women during pregnancy and postpartum. Health workers themselves given the demanding nature of their work also face risk of burnout and psychosocial distress.

In close collaboration with Holy Family Hospital in Bethlehem, International Medical Corps provided MHPSS capacity building for seventy (70) medical and non-medical staff working at the Hospital covering topics including:

1. Detection and referral of psychosocial distress cases
2. Principles of psychological first aid
3. Selfcare principles and techniques



Feedback from the trainees showed that this training opportunity was very beneficial to them and that they expressed the need for additional opportunities with more in-depth information about working with women during pregnancy and postpartum in particular and addressing their specific needs. They also said that this was also an opportunity for them to do something different from their daily work routine and learn skills about selfcare which they need more opportunities in the future to have additional sessions on. Staff also recommended that such training opportunities extend to administrative and management staff as well.



menopause

In collaboration with the We'am Center, the Holy Family Hospital organized an informative medical seminar on menopause. Dr. Bashar Rishmawi, a specialist in Obstetrics and Gynecology, provided a comprehensive overview of the symptoms and challenges associated with menopause and offered practical strategies for managing this phase. He also highlighted critical symptoms that require medical intervention and emphasized the importance of regular check-ups and screenings to ensure women navigate this stage with comfort, confidence, and well-being.

The session concluded with an introduction to the services offered at our Menopause Clinic, followed by an open session for medical consultations. The event saw active participation from a diverse group of women, with approximately 50 attendees.

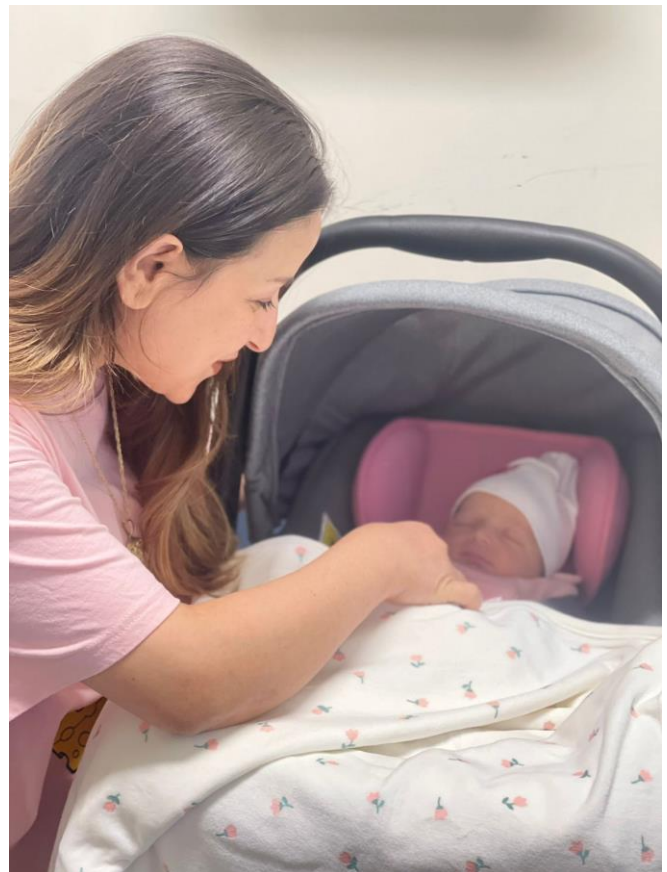
Given the significant impact of menopausal changes on women's health and lifestyle, proper care leading up to and during this stage is essential for enhancing overall health and quality of life.



Blessing

Maryam Khair, our neonatal nurse who joined Holy Family Hospital 2009 and her husband Ala Khair, our Anesthesia technician who joined Holy Family Hospital 2011 commented:

"Embracing our third daughter within the walls of the Holy Family Hospital, where we vigilantly protect and nurture the lives of other children, is an unparalleled feeling of belonging and pride. In this place, we are not just employees; we are part of a profound mission and care. The Holy Family Hospital is not just a workplace; it is a home we cherish, and today, it embraces our joy as we hold it close in our hearts".



Successful Training

We are excited to share a significant achievement at the Holy Family Hospital, where we have successfully completed a year-long training program in collaboration with the René Human Development Center on October 2024. The aim of this comprehensive course was to enhance the skills of all hospital staff, supporting their personal and professional development, ultimately reflecting positively on their work performance and social lives.



As the Head of the Social Services Department, I actively participated in introducing and discussing topics with Dr. René to ensure they met the needs of our staff. I am extremely proud of the tangible results achieved. This course provided each team member with a unique opportunity to develop their professional abilities, build their character, and foster holistic growth.

Dr. René shared her thoughts on the program, stating:



“In my opinion, this was a wonderful experience, offering a variety of topics that enriched everyone through discussions on new ideas in neuro-linguistic programming. We also covered leadership dynamics, stress management, effective communication, and other subjects. The interaction was positive, and the knowledge gained had an impact on

both work performance and personal relationships, even beyond the workplace.”

She added: “These sessions provided an opportunity for employees from all departments to connect and learn from each other, which helped reinforce teamwork and build a more cohesive community.”

Employees from all departments, including administration, medical, nursing, laboratory, pharmacy, accounting, reception, social services, and all other departments, expressed great satisfaction with the training. It provided them with valuable insights that enhanced their thinking and communication skills.



ORDER OF MALTA
HOLY FAMILY HOSPITAL
BETHLEHEM

TO MAKE A DONATION

Beneficiary Name: HOLY FAMILY HOSPITAL
Account №: 3890000/0
Bank Name: BANK OF PALESTINE PLC
BANK № 89 /BANK BRANCH № 450
P.O.BOX 765 - BETHLEHEM WEST BANK VIA ISRAEL

SWIFT: PALSPS 22

IBAN: PS52PALS045003890000333000000 (**EUR**)
PS47PALS045003890000013000000 (**USD**)
PS32PALS0450038900000993000000 (**NIS**)
PS32PALS045003890000023000000 (**GBP**)

Correspondent banks: **USD:** CITI BANK N.A . - **SWIFT:** CITIUS33
GBP: COMMERZ BANK - **SWIFT:** COBADEFF
EUR: BANCO BILBAO VIZCAYA ARGENTARIA - **SWIFT:**
BBVAESMM

EUR: ABN AMRO BANK, AMSTERDAM- **SWIFT:** ABNANL2A



MONTHLY DELIVERIES

	1990	1995	2000	2005	2006	2007	2009	2010	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
JAN	0	148	250	224	240	230	221	258	274	249	271	313	278	306	357	369	387	334	400	363	296
FEB	4	130	239	221	218	228	239	221	227	224	257	264	271	296	309	309	313	322	321	313	287
MAR	46	168	231	231	217	313	236	265	278	260	287	286	277	318	333	389	278	350	389	358	347
APR	68	180	274	240	216	322	280	298	265	301	267	277	268	295	344	389	275	396	343	358	292
MAY	85	188	288	238	237	366	284	304	229	250	240	297	304	365	373	400	323	364	387	374	320
JUN	85	202	294	258	219	277	275	333	261	278	302	311	313	362	380	399	390	349	379	337	317
JUL	84	188	329	235	243	276	328	307	306	279	314	379	379	427	450	439	402	412	379	377	360
AUG	71	199	309	235	256	264	280	286	296	289	319	351	340	403	476	448	446	445	441	405	346
SEP	109	167	275	234	280	233	261	295	291	267	281	327	329	386	409	398	387	419	372	363	288
OCT	116	193	223	257	295	255	297	270	281	274	258	286	309	365	369	378	366	381	352	315	330
NOV	97	203	165	213	257	224	247	237	249	271	251	224	278	371	369	347	331	355	368	291	
DEC	104	198	175	207	268	238	265	236	209	242	265	253	307	326	340	361	372	390	376	284	
TOTAL	869	2164	3052	2793	2946	3226	3213	3310	3166	3184	3312	3568	3653	4220	4509	4626	4270	4517	4508	4138	

TOTAL DELIVERIES SINCE 1990
Total Babies Delivered Since 1990

104,600
107,420

STATISTICS

2024

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	TOTAL
Consultations													
HFH													
Ob/gyn	911	832	898	955	1117	1134	1256	1284	1206	1237			10810
Pediatric	255	315	298	273	343	323	360	341	316	297			3121
Diabetic	174	66	91	103	101	91	127	122	112	132			1119
Nutrition	68	27	31	22	56	37	239	31	33	44			588
Over 45	19	92	76	61	91	49	101	55	76	99			719
Outreach													
Ob/gyn		119	184	158	92	73	141	176	156	166			1265
Pediatric		81	98	105	105	43	136	142	135	171			1018
Private													
Ob/gyn	705	780	666	789	805	720	925	782	760	799			7731
Pediatric	119	126	102	139	132	89	94	104	123	132			1180
TOTAL Consultations	2,251	2,438	2,444	2,605	2,862	2,561	3,359	3,037	2,917	3,077			27,551
Obstetric													
Nb deliveries													
3 class	264	258	311	257	276	283	308	293	240	283			2773
1 & 2 class	32	29	36	35	44	34	52	48	48	47			405
TOTAL Deliveries	296	287	347	292	320	317	360	341	288	330			3,178
C sections													
Total	69	70	76	72	79	78	72	96	57	89			758
Babies													
Total	297	299	355	298	330	324	368	357	294	154			3076
Gynecologie													
Operations													
Minor op	31	29	20	30	20	23	20	27	28	18			246
Major op	8	9	11	10	5	10	10	13	5	8			89
TOTAL Operations	39	38	31	40	25	33	30	40	33	26			335
Ob / Gyn													
Admissions > 5 days	8	3	5	2	7	7	5	7	4	3			47
Admissions < 5 days	362	359	419	357	391	395	444	435	375	407			3942
Total admissions	371	363	422	374	401	404	447	449	388	417			4036
Total days	647	628	736	629	737	701	788	776	625	693			6980
Ob / Gyn OCCUP %	49.69%	53.40%	56.53%	49.92%	58.14%	53.84%	60.52%	59.60%	49.60%	53.23%			45.53%
Lab activity													
TOTAL Activity	9,958	8,592	7,416	9,497	10,219	12,220	12,422	13,326	9,489	9,700			102,839
Anaesthesia													
A. Generale	2	3	8	5	4	1	11	5	2	3			44
epidurale	39	61	63	66	82	74	84	80	68	66			683
Spinal	59	62	67	62	65	70	63	78	50	79			655
TOTAL Activity	100	126	138	133	151	145	158	163	120	148			1382
Neonatal Intensive Unit													
Length													
Total days L1	216	191	168	172	159	210	214	188	167	192			1877
Total days L2	87	61	69	50	33	48	75	91	68	87			669
Total days L3	195	116	73	71	145	192	180	214	186	115			1487
Total days	498	368	310	293	337	450	469	493	421	394			4033
Stay < 5 days	33	26	20	27	21	24	18	23	16	20			228
Stay > 5 days	23	24	19	18	29	20	32	27	10	22			224
Stay >= 50 days	2	2	1		2	1	2	1	2	4			17
Admission													
adm L1	32	26	28	24	32	26	18	28	15	25			254
adm L2	9	6	4	3	4	2	12	2	5	4			51
adm L3	12	15	6	7	14	10	19	17	8	13			121
Total Adm	53	47	38	34	50	38	49	47	28	42			426
Nb Premature < 3	2	4	1	2	3	5	3	10	2	4			38
PED. OCCUP %	89.25%	65.95%	55.56%	52.51%	60.39%	80.65%	84.05%	88.35%	75.45%	70.61%			61.39%
TOTAL T. OCCUP %	61.56%	59.29%	56.24%	51.22%	58.82%	63.94%	67.58%	68.23%	58.11%	58.44%			50.29%
Poor Case Fund													
Mothers	102	94	120	46	122	50	51	42	46	64			737
Babies	30	21	9	15	36	32	25	8	20	19			213
Total cases Assisted	132	115	129	61	158	82	76	50	66	83			952

