



**ORDER OF MALTA**  
**HOLY FAMILY HOSPITAL**  
**BETHLEHEM**

*Where there is always a place in the inn for all*

**Volume 23, issue 12**

## **HOLY FAMILY HOSPITAL**

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## ***Here comes the time of Christmas***

"The people who walked in darkness saw a great light, and on the inhabitants of the land of darkness a light shone. »

For the families welcomed at the Holy Family Hospital, a light shines almost every day. Sometimes she is a little fragile, trembling. It even happens that it goes out and it is very sad for all of us. But that's also part of real life, even if sometimes it's hard to admit it and say, "Father, not my will, but yours."

Nevertheless, in our beautiful Maternity, most of the time it is actually a great light that shines. It is enough to contemplate the amazed glances of the new parents to realize it. Moreover, thanks to God, everyone, on a daily basis, can rejoice in it.

This is why, after Advent, a time of waiting, Christmas will remain a privileged moment

In our Christian life. A moment unlike any other when we can implore the Lord more

Than usual to renew for us the gift of his light, to shed on our persons, on the world and On the Church, the radiance of his splendor, He who became a man, in this grotto

A few steps from the Holy Family Hospital.

### **Inside this issue:**

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## Christmas Baby Boy



"It's a lovely Christmas present for us, next year we will have a first birthday to celebrate"

Ameera Said "I am a mother of three children, whom I gave birth to them at Holy Family Hospital. Every time I came to you, you welcome me humanely and provide me with the best medical and psychological care. Therefore, I never hesitate to come to you for medical care.

Today is December 25<sup>th</sup> 2022 I am happy that I gave birth to my child Epek on Christmas day, it is a nice feeling to

be special, I felt that my child will also be special one day, and he may also be a doctor in this hospital.

Baby Epek came in good health weighing 3470 grams

"I called him Epek because the name means the moon, and I always want him to be my moon that illuminates my life, and I hope he will have a bright future. I hope that you always shine with the best health services".



Their baby boy is the  
"Best Christmas Gift"  
they could ever receive





## BABY Sela

Rula and Nader are a family from Beit-Jala and they have two children who were previously born at Holy Family Hospital in 2013 and 2015. After seven years the couple decided to repeat their experience of giving birth in the hospital based on their previous experience.

Rula said "I expected to find you in the best condition, but I did not expect that medical services and treatment would become better and better. The safety that I felt during my birth will always make me proud of this place."



Rula gave birth on 12/29/2022 to her baby girl, Sela, at 10:20 AM, in good health, weighing 3240 grams

Rula was discharged and was very grateful to everyone who cared for her and her baby girl and made her feel safe. She hopes continuous development and progress of this hospital, which will remain a part of her family.



## St. Barbara's Day

Saint Barbara's Day is celebrated in the Holy Land on December 4 from each year. The Traditional food for the occasion is Burbara, a bowl of boiled barely, pomegranate seeds, raisins, anise and sugar. Walnuts or almonds can be added. Families meet together on this day to celebrate and Holy Family Hospital's team also celebrates this day together where joy and love is spread among the team and the mothers inside the Hospital.





## Spreading the joy of Christmas

### \* Tree Lightening

Christmas is announced to the world from Bethlehem and there is no better place to announce Christmas season than Holy Family Hospital. The staff gathered to celebrate the annual Christmas tree lightening at the hospital.





## \*Christmas party

Sometimes it's the small things that help us to find Jesus during the Christmas season, a smile from a stranger, small gift from beloved ones. During December Holy Family Hospital Celebrated the birth of Jesus Christ with the staff through a nice gathering on December 10<sup>th</sup> 2022. we Celebrated the efforts of each employee that assisted in the delivery of 4616 babies this year which brought joy and happiness to all the staff.





## \* Christmas Concert

On Saturday 17<sup>th</sup> December 2022, Holy Family Hospital welcomed the Violinist Dr. Mariusz Monczak and the Orgue man from Poland and Dr. Krzysztof NIEGOWSKI from Canada. They performed a concert, "Christmas Music Festival star of Bethlehem "The Spirit of Christmas Concert – Hope is Born", at Our Chapel in Cooperation with Edward Saeed National conservatory for



Special Thanks to Dr. Monczak and Edward Saeed National Conservatory for this musical entertainment and also the daughters of charity for letting us celebrate the Christmas music in their marvellous Chapel.



*Edward Saeed National conservatory*



*Dr. Mariusz Monczak*



*Edward Saeed National conservatory*

## \* Christmas day

To maintain our yearly tradition, and in the perspective of spreading the joy and love within the patients surrounding us and the team of the Holy Family Hospital on the 25<sup>th</sup> December celebrating the birth of our saviour, gifts were distributed to the mothers and babies

***We succeeded in making 25 December unforgettable day***





**\* CARITAS Jerusalem visit**

CARITAS Jerusalem visited our hospital and presented small gifts to the mothers and newborns where they sent joy and happiness in the hearts of mothers.

Thank You CARITAS Jerusalem



## Training

Holy Family Hospital participated in the project of “ Expanding the impact of Social Accompaniment through Point of Care Ultrasound (POCUS) and Cross-Border Teleguidance in the West Bank: a convergent Mixed Methods Study. The Study is being done by Dr. Shawna Novak through Harvard Medical School.

The research is being undertaken because there are barriers in access to healthcare services for women and girls in our community and this research would like to see whether using community health workers and midwives to provide ultrasound and link women to the health care system will improve health and wellbeing for women needing primary healthcare. This could be very beneficial in terms of outreach to improve care for women in rural villages surrounding Bethlehem since Holy Family Hospital runs an Outreach clinic.



Three Midwives “Mariana Jarayseh, Lana Fararjeh and Asmahan Hajajleh” participated in a workshop “POCUS Training” which took place on Saturday 3rd December 2022 in Halhul Women Charitable. The main goal of training was to train



Midwives on taking images with the Ultrasound and send it electronically to an Obstetrician. After the training they were given an ultrasound and an iPad and implemented the training at our outpatient clinic.



## Baby Bushra

Despite the distance from the hospital from their place of residence, Siham knew that her child would be in safe hands at the Holy Family Hospital.

Siham says " when I felt labor pain, I knew that my baby would come as a premature because I'm just 34 weeks of my pregnancy so I felt very afraid, but I went directly to the hospital to save my baby, and therefore I was transferred to the delivery room directly.

December 17, 2022 my baby Bushra was born weighing less than 1550 grams

Doctors started following up on my baby's health from the very few moments of birth. I was amazed at your kindness and humanity. You are truly the hope for every premature baby who needs medical care. Thanks to you, my motherhood has been completed.

My baby Bushra will always be thankful for you because she will live a healthy and sound life"



## Upon the recommendation of my sister



"My sister is studying Nursing at Bethlehem University and she is performing her Field training at Holy Family Hospital. She asked me to give birth to my baby at Holy Family Hospital after she saw the great medical care provided here".

"My sister is right, I was provided with the high standard medical care and psychological care, my sister is hoping that one day she becomes part of this team and now I can understand her dream"

### *Make a donation*

Dear friends,

At the beginning of this year, you have the opportunity to help us, as usually, by financially supporting the Holy Family Hospital.

It is in the name of the privileged relations that unite us that the hospital is asking you for a donation that will enable it to continue to bring very high quality gifts to the population of Bethlehem. A donation that will allow the realization of a certain number of concrete actions to maintain, perpetuate and develop our care system.

Thank you for your support

*Holy Family Hospital staff wish you and your loved ones a very Happy New Year*





**Beneficiary Name:** HOLY FAMILY HOSPITAL

**Account №:** 3890000/0

**Bank Name:** BANK OF PALESTINE PLC  
BANK № 89 /BANK BRANCH № 450  
P.O.BOX 765 - BETHLEHEM WEST BANK VIA ISRAEL

**SWIFT:** PALSPS 22

**IBAN:** PS52PALS045003890000333000000 (**EUR**)  
PS47PALS045003890000013000000 (**USD**)  
PS32PALS045003890000993000000 (**NIS**)  
PS32PALS045003890000023000000 (**GBP**)

**Correspondent banks:** **USD:** CITI BANK N.A . - **SWIFT:** CITIUS33  
**GBP:** COMMERZ BANK - **SWIFT:** COBADEFF  
**EUR:** BANCO BILBAO VIZCAYA ARGENTARIA - **SWIFT:**  
BBVAESMM  
**EUR:** ABN AMRO BANK, AMSTERDAM- **SWIFT:** ABNANL2A



# MONTHLY DELIVERIES

	1990	1995	2000	2005	2006	2007	2009	2010	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
JAN	0	148	250	224	240	230	221	258	274	249	271	313	278	306	357	369	387	334	400
FEB	4	130	239	221	218	228	239	221	227	224	257	264	271	296	309	309	313	322	321
MAR	46	168	231	231	217	313	236	265	278	260	287	286	277	318	333	389	278	350	389
APR	68	180	274	240	216	322	280	298	265	301	267	277	268	295	344	389	275	396	343
MAY	85	188	288	238	237	366	284	304	229	250	240	297	304	365	373	400	323	364	387
JUN	85	202	294	258	219	277	275	333	261	278	302	311	313	362	380	399	390	349	379
JUL	84	188	329	235	243	276	328	307	306	279	314	379	379	427	450	439	402	412	379
AUG	71	199	309	235	256	264	280	286	296	289	319	351	340	403	476	448	446	445	441
SEP	109	167	275	234	280	233	261	295	291	267	281	327	329	386	409	398	387	419	372
OCT	116	193	223	257	295	255	297	270	281	274	258	286	309	365	369	378	366	381	352
NOV	97	203	165	213	257	224	247	237	249	271	251	224	278	371	369	347	331	355	368
DEC	104	198	175	207	268	238	265	236	209	242	265	253	307	326	340	361	372	390	376
TOTAL	869	2164	3052	2793	2946	3226	3213	3310	3166	3184	3312	3568	3653	4220	4509	4626	4270	4517	4507

TOTAL DELIVERIES SINCE 1990

97.279



# STATISTICS

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	TOTAL
<b>Consultations</b>													
<b>HFH</b>													
Ob/gyn	1129	978	1192	1015	1304	1171	1162	1277	1174	1146	1113	1179	13840
Pediatric	205	235	272	215	296	283	267	292	316	242	289	345	3257
Diabetic	71	90	92	84	104	98	108	127	77	85	96	113	1145
Nutrition	34	25	28	23	35	41	48	53	27	37	38	29	418
Over 45	52	82	96	61	68	96	65	107	81	59	103	89	959
<b>Outreach</b>													
Ob/gyn	114	142	148	110	118	137	115	128	193	109	158	123	1595
Pediatric	69	70	82	51	70	102	50	84	119	77	145	141	1060
<b>Private</b>													
Ob/gyn	723	790	874	674	879	714	872	894	861	610	714	698	9303
Pediatric	84	93	117	79	106	115	93	99	134	80	144	146	1290
<b>TOTAL Consultations</b>	<b>2,481</b>	<b>2,505</b>	<b>2,901</b>	<b>2,312</b>	<b>2,980</b>	<b>2,757</b>	<b>2,780</b>	<b>3,061</b>	<b>2,982</b>	<b>2,445</b>	<b>2,500</b>	<b>2,563</b>	<b>32,867</b>
<b>Obstetric</b>													
<b>Nb deliveries</b>													
3 class	344	266	342	291	326	333	320	383	312	306	328	334	3885
1 & 2 class	56	55	47	52	61	46	59	58	60	47	40	42	623
<b>TOTAL Deliveries</b>	<b>400</b>	<b>321</b>	<b>389</b>	<b>343</b>	<b>387</b>	<b>379</b>	<b>379</b>	<b>441</b>	<b>372</b>	<b>353</b>	<b>368</b>	<b>376</b>	<b>4,508</b>
<b>C sections</b>													
Total	94	90	85	61	85	88	97	100	87	84	76	74	1021
<b>Babies</b>													
Total	405	320	398	349	400	389	383	456	381	362	378	383	4604
<b>Gynecologie</b>													
<b>Operations</b>													
Minor op	27	30	45	24	37	23	36	37	31	29	22	31	372
Major op	8	7	5	5	10	3	10	8	9	1	11	3	80
<b>TOTAL Operations</b>	<b>35</b>	<b>37</b>	<b>50</b>	<b>29</b>	<b>47</b>	<b>26</b>	<b>46</b>	<b>45</b>	<b>40</b>	<b>30</b>	<b>33</b>	<b>34</b>	<b>452</b>
<b>Ob / Gyn</b>													
Admissions ≥ 5 days	7	9	7	8	8	10	6	13	10	9	11	9	107
Admissions < 5 days	484	405	512	408	500	445	484	531	447	427	439	464	5546
Total admissions	491	414	519	416	508	455	490	544	457	436	450	473	5653
Total days	826	728	880	695	906	806	821	884	845	766	798	806	9761
<b>Ob / Gyn OCCUP %</b>	<b>63.44%</b>	<b>61.90%</b>	<b>67.59%</b>	<b>55.16%</b>	<b>69.59%</b>	<b>63.97%</b>	<b>63.06%</b>	<b>67.90%</b>	<b>67.06%</b>	<b>58.83%</b>	<b>63.33%</b>	<b>61.90%</b>	<b>63.67%</b>
<b>Lab activity</b>													
<b>TOTAL Activity</b>	<b>10,362</b>	<b>9,282</b>	<b>10,640</b>	<b>8,277</b>	<b>9,201</b>	<b>10,470</b>	<b>11,888</b>	<b>11,515</b>	<b>11,950</b>	<b>8,774</b>	<b>9,857</b>	<b>9,687</b>	<b>121,903</b>
<b>Anesthesia</b>													
A. Générale	2	5	4	8	5	4	9	4	8	7	2	6	64
épidurale	31	43	61	61	65	73	72	74	66	58	58	61	723
Spinal	88	78	83	55	59	87	81	90	76	71	72	68	908
<b>TOTAL Activity</b>	<b>121</b>	<b>126</b>	<b>148</b>	<b>124</b>	<b>129</b>	<b>164</b>	<b>162</b>	<b>168</b>	<b>150</b>	<b>136</b>	<b>132</b>	<b>135</b>	<b>1695</b>
<b>Neonatal Intensive Unit</b>													
<b>Length</b>													
Total days L1	148	163	145	143	197	220	122	202	167	148	159	255	2069
Total days L2	115	82	52	62	72	24	116	90	57	79	65	87	901
Total days L3	233	132	125	134	226	194	294	189	165	119	129	103	2043
<b>Total days</b>	<b>496</b>	<b>377</b>	<b>322</b>	<b>339</b>	<b>495</b>	<b>438</b>	<b>532</b>	<b>481</b>	<b>389</b>	<b>346</b>	<b>353</b>	<b>445</b>	<b>5013</b>
Stay < 5 days	14	9	25	16	16	19	13	11	22	18	24	20	207
Stay ≥ 5 days	23	22	16	18	28	20	24	26	27	20	27	25	276
Stay ≥ 50 days	3	2	3	3	2	2	2	2	1	3	2	2	27
<b>Admission</b>													
adm L1	19	18	27	21	25	18	14	12	22	23	31	24	254
adm L2	2	4	2	1	4	4	4	6	11	6	6	7	57
adm L3	14	8	12	12	15	16	13	17	16	10	14	13	160
<b>Total Adm</b>	<b>35</b>	<b>30</b>	<b>41</b>	<b>34</b>	<b>44</b>	<b>38</b>	<b>31</b>	<b>35</b>	<b>49</b>	<b>39</b>	<b>51</b>	<b>44</b>	<b>471</b>
Nb Premature < 3	1	5	4	6	5	7	3	2	6	1	2	2	44
<b>PED. OCCUP %</b>	<b>88.89%</b>	<b>74.80%</b>	<b>57.71%</b>	<b>62.78%</b>	<b>88.71%</b>	<b>81.11%</b>	<b>98.52%</b>	<b>86.20%</b>	<b>72.04%</b>	<b>64.07%</b>	<b>65.37%</b>	<b>79.75%</b>	<b>76.30%</b>
<b>TOTAL T. OCCUP %</b>	<b>71.08%</b>	<b>65.77%</b>	<b>64.62%</b>	<b>57.44%</b>	<b>75.32%</b>	<b>69.11%</b>	<b>72.74%</b>	<b>73.39%</b>	<b>68.56%</b>	<b>59.78%</b>	<b>63.94%</b>	<b>67.26%</b>	<b>67.46%</b>
<b>Poor Case Fund</b>													
Mothers	67	64	58	55	57	81	69	57	42	48	71	57	726
Babies	10	21	8	12	15	17	12	18	12	10	15	16	166
<b>Total cases Assisted</b>	<b>77</b>	<b>85</b>	<b>66</b>	<b>67</b>	<b>72</b>	<b>98</b>	<b>81</b>	<b>75</b>	<b>54</b>	<b>58</b>	<b>86</b>	<b>73</b>	<b>892</b>