



ORDER OF MALTA HOLY FAMILY HOSPITAL BETHLEHEM

#### HOLY FAMILY HOSPITAL

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#### Inside this issue:

Editorial

Unlimited Care

Kept our Promise

An unplanned home Delivery

Hospital staff giving birth

New Steam Sterlilization

No one Expexts the unexpected

To make a donation

Monthly Deliveries

**Statistics** 

Where there is always a place in the inn for all

#### Volume 22, issue 7

The role of the extended family is much bigger than anyone could ever think of. We live our daily life without giving real attention to their role, but suddenly and without prior notice the circumstances changes and the first thing we do is ask their help that saves our life.

Not only saving our life but also, they share our joy and play a major role in make it bigger. Learn more about the role of our extended families throughout this edition.



#### UNLIMITED CARE

"Five years after having our first baby boy "Ahmad" my husband and I discovered we were having twins".

On December 16<sup>th</sup> 2020, while Marian was at her 24<sup>th</sup> week of pregnancy, she was admitted for an urgent Caesarian Section.

"When I suspected that this pain could be preterm labor, I rushed to the hospital; I was so worried and afraid"

The stress level doubles in a hospital since the atmosphere is unfamiliar to the parents especially in NICU where the environment is enclosed.

"There were warning notes and sounds that were certainly stressful, but I was continually amazed for how skilled are these doctors and nurses at their job, and are always focused on making sure I am comfortable".

"My babies faced many challenges during their stay at the Neonatal Intensive Care Unit. Sadly, one of my twins passed away shortly after birth. Sarah was discharged on July 6<sup>th</sup> 2021 after spending 208 days at NICU".

"I am so thankful for the doctors, nurses and the social worker who educated me and helped me gain confidence to be an ambassador for my children and their future medical care".





Our medical team consisting of doctors and nurses play a vital role in helping Mariam through this tough process of preterm birth. We provided her with emotional support, helping her in providing care for her baby girl, decreasing her parental feelings of stress, anxiety, and loss of control. These approaches enable her to feel more supported, involved, confident and effective as a mother.

"The team of Holy Family Hospital provided us with unlimited care, their care wasn't

limited inside the hospital services only; they helped us coordinate with institutions who are dedicated to providing care for children with special needs since my daughter is still Oxygen Dependent".

"I would like to express my warm thankful to God and everyone who works hard in order to maintain this holy mission in saving the life of our little babies and mothers".

> "We need to see each child as a gift to be welcomed, cherished and protected" Pope Francis

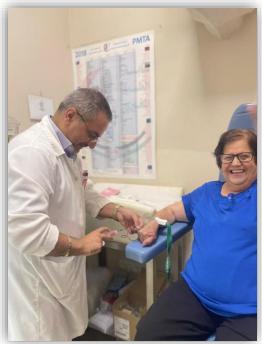
### **KEPT OUR PROMISE**



Finally we fulfilled to a promise we gave to those women whom we visited a year and half ago at the women's Elderly Club in Beit-Sahour. On February 27th, 2020 and before the spread of the COVID19 Pandemic in Palestine, we conducted a Health Education Session at the Women's Elderly Club regarding the importance of medical examination and follow-up when women pass the fertility age. These women were supposed to receive medical checkup at our Well Women Health Clinic but unfortunately, they were not able to do so due to the spread of COVID19.

Finally, on July 2021, we kept our promise, every week our Van picks-up four to five women and bring them to our clinic for general checkup. During July 18 women received medical care and more will come in the coming months.

"We would like to thank Holy Family Hospital of Bethlehem Foundation for their continuous support to this unique clinic"







#### **AN UNPLANNED HOME DELIVERY**



On the night of June 23<sup>rd</sup> 2021, Vivian from Hebron felt an early labor pain. She is already a mother of two, Arena 7 years old and Mohammad 4 years old who were previously born at Holy Family Hospital.

"Suddenly, the baby was coming out, I panicked, I am still at 33 week of my pregnancy, My husband and my mother-in-law were so brave and helped me giving birth, they even cut the umbilical cord".

"I really do not know from where I got this courage, how come I didn't panic, I quickly called my mother and yes I helped with the birth of my baby and so quickly we rushed to Holy Family Hospital where they received quick interference that saved the life of my wife and daughter"

"Our daughter needed an intensive care unit, the team did a great work, and no one hesitated to provide the needed medical care for both".

After spending 15 days in the neonatal Intensive Care Unit Mohammad was discharged weighing 2.300 kg in a good health.



HEAVENLY FATHER, WATCH OVER OUR CHILDREN AND GRANT THAT THEY MAY RESTORED TO PERFECT HEALTH WHICH IT IS YOURS ALONE TO GIVE THROUGH JESUS CHRIST OUR LORD. AMEN

### HOSPITAL STAFF GIVING BIRTH

On July 17, 2021 our lab Technologist Ghadeer Sa'ad gave birth to her first baby boy "Issa". Ghadeer has been working at Holy Family Hospital laboratory since 1<sup>st</sup> June, 2017.



Holy Family Hospital would like to congratulate Ms. Ghadeer for holding a little treasure in her arms.

The newborn angel shall bring in loads of happy and memorable times in your life. God bless your family.





## **NEW STEAM STERILLIZATION**



Steam sterilization has many benefits as a sterilization method in healthcare facilities including low cost, safety, and efficiency. Holy Family Hospital was facing a serious problem with its old sterilizer.

Thanks to the "Foundation De L'Ordre de Malte France" through President Jean Pierre MAZERY for making this donation.

"Your donation makes us feel so blessed"





## **NO ONE EXPECTS THE UNEXPECTED**



Ruba got the surprise of her life when she learned she was expecting multiples. But unlike most mothers of multiples, Ruba wasn't having twins, she was having TRIPLETS.

"Coming out from the doctor's office and by the time we got to our car I was crying like never before, I was shocked and at the same time very happy, I felt like I owned the whole world. It took us some time to process the information".

She knew that a triplet pregnancy would be incredibly tough not just due to the physical effort of carrying three babies at once, but also because multiple pregnancies come with significant risks. At 33 weeks, the doctor decided to admit her to an urgent Caesarean.





On June 14, 2021 at around noon time Ruba' and Ala' welcomed babies Tia, weighing 1.710 kg, Yousef, weighing 1.875 kg and Ayla, weighing 1.70 kg.

The first word Ruba Said "Now I'm a mother, what I couldn't give my babies in the last 8 weeks remaining from my pregnancy, I will make it up for them now".

Ruba's babies needed intensive care; Yousef was the first to go home after spending 12 days, then followed by Tia who spent 22 days, and finally baby Ayla went back home after 32 days.



And

here

comes

the **SURPRISE**....



After couple of hours from the birth of the triplets, Ruba's Sister-In-Law was admitted to the hospital for delivery, and at six O'clock in the evening, she gave birth to her twin babies.

As both couples Described "Having them all by our side has given us courage, and made us realize that there is nothing in life that we will ever have to face alone, they will be our support during tough periods".





FIVE BABIES BORN ON THE SAME DAY FOR THE SAME FAMILY



Beneficiary Name: HOLY FAMILY HOSPITAL

Account №:	3890000/0
Bank Name:	BANK OF PALESTINE PLC
	BANK № 89 /BANK BRANCH № 450
	P.O.BOX 765 - BETHLEHEM WEST BANK VIA ISRAEL
SWIFT:	PALSPS 22
IBAN:	PS52PALS045003890000333000000 ( <b>EUR</b> )

PS47PALS045003890000013000000 (USD) PS32PALS045003890000993000000 (NIS) PS32PALS04500389000023000000 (GBP)

Correspondent banks: USD: CITI BANK N.A. - SWIFT: CITIUS33 GBP: COMMERZ BANK - SWIFT: COBADEFF EUR: BANCO BILBAO VIZCAYA ARGENTARIA - SWIFT: BBVAESMM EUR: ABN AMRO BANK, AMSTERDAM- SWIFT: ABNANL2A



# **MONTHLY DELIVERIES**

	1990	1995	2000	2005	2006	2007	2009	2010	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
JAN	0	148	250	224	240	230	221	258	274	249	271	313	278	306	357	369	387	334
FEB	4	130	239	221	218	228	239	221	227	224	257	264	271	296	309	309	313	322
MAR	46	168	231	231	217	313	236	265	278	260	287	286	277	318	333	389	278	350
APR	68	180	274	240	216	322	280	298	265	301	267	277	268	295	344	389	275	396
MAY	85	188	288	238	237	366	284	304	229	250	240	297	304	365	373	400	323	364
JUN	85	202	294	258	219	277	275	333	261	278	302	311	313	362	380	399	390	349
JUL	84	188	329	235	243	276	328	307	306	279	314	379	379	427	450	439	402	412
AUG	71	199	309	235	256	264	280	286	296	289	319	351	340	403	476	448	446	
SEP	109	167	275	234	280	233	261	295	291	267	281	327	329	386	409	398	387	
ОСТ	116	193	223	257	295	255	297	270	281	274	258	286	309	365	369	378	366	
NOV	97	203	165	213	257	224	247	237	249	271	251	224	278	371	369	347	331	
DEC	104	198	175	207	268	238	265	236	209	242	265	253	307	326	340	361	372	
TOTAL	869	2164	3052	2793	2946	3226	3213	3310	3166	3184	3312	3568	3653	4220	4509	4626	4270	252

TOTAL DELIVERIES SINCE 1990

90,782

# **STATISTICS**

		MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	TOTAI
850	869	918	974	1156	1153	1190						7110
166	160	198	190	201	170	269						1354
66	69	76	79	68	105	105						568
25	29	17	28	26	41	42						208
87	75	83	62	56	82	98						543
86	93	63	30	72	106	138						588
113	107	76	20	41	64	58						479
862	749	741	666	625	681	813						5137
9	14	13	8	5	12	14						75
2264	2165	2185	2057	2250	2414	2727	0	0	0	0	0	16062
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Obsterric													
Nb deliveries													
3 class	297	280	295	349	318	303	361						2203
1 &2 class	37	42	55	47	46	46	51						324
TOTAL Deliveries	334	322	350	396	364	349	412	0	0	0	0	0	2527
C sections													
Total		75	80	100	91	68	95						509
Babies													
Total	345	331	357	409	375	357	420						2594

Gynecologie													
Operations													
Minor op	32	29	40	18	26	30	41						216
Major op	7	7	11	7	11	10	10						63
TOTAL Operations	39	36	51	25	37	40	51	0	0	0	0	0	279

Ob / Gyn													
Admissions $\geq 5$ days	5	0	5	9	1	3	5						28
Admissions < 5 days	429	414	461	471	475	468	523						3241
Total admissions	434	414	466	480	476	471	528						3269
Total days	741	513	722	821	779	770	868						5214
Ob / Gyn OCCUP %	56.91%	43.62%	55.45%	65.16%	59.83%	61.11%	66.67%	0.00%	0.00%	0.00%	0.00%	0.00%	34.01%

Lab activity													
TOTAL Activity	9809	9022	7576	8600	9575	10481	11119						66182
Anesthesy													
A. Générale	6	8	3	6	7	0	8						38
épidurale	47	39	39	50	55	58	50						338
Spinal	71	65	74	82	78	68	92						530
TOTAL Activity	124	112	116	138	140	126	150	0	0	0	0	0	906

Neonatal Intensive Unit													
Lenght													
Total days L1	210	171	111	220	161	240	212						1325
Total days L2	62	37	159	50	68	103	52						531
Total days L3	143	182	100	108	132	102	165						932
Total days	415	390	370	378	361	445	429	0	0	0	0	0	2788
Stay < 5 days	23	17	14	25	13	19	21						132
Stay $\geq$ 5 days	18	16	13	25	22	16	23						133
Stay $\geq$ 50 days	1	2	3	2	2	3	2						15
Admission													
adm L1	19	14	9	21	18	16	26						123
adm L2	9	5	8	6	3	7	5						43
adm L3	11	13	10	23	12	12	13						94
Total Adm	39	32	27	50	33	35	44	0	0	0	0	0	260
Nb Premature <3	2	4	1	4	5	1	4						21
PED. OCCUP %	74.37%	77.38%	66.31%	70.00%	64.70%	82.41%	79.44%	0.00%	0.00%	0.00%	0.00%	0.00%	42.44%

TOTAL T. OCCUP %
62.15%
53.75%
58.71%
66.61%
61.29%
67.50%
69.73%
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Poor Case Fund													
Mothers	51	53	55	56	58	58	72						403
Babies	11	8	23	4	5	12	10						73
Total cases Assisted	62	61	78	60	63	70	82	0	0	0	0	0	476