



ORDER OF MALTA
HOLY FAMILY HOSPITAL
BETHLEHEM

Where there is always a place in the inn for all

Volume 21, issue 12

HOLY FAMILY HOSPITAL

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More than 2000 years ago, our Savior, the Prince of Peace, was Born in Bethlehem. He was born at a time where there was no one but the shepherds led by the star of Bethlehem, the Magi and the Holy Family. When Jesus Christ was born in Bethlehem, circumstances were similar to what we are living in today: Occupation, poverty, depression, persecution...etc.

Today, we are witnessing, in addition to all of the above, a Pandemic that has made suffering double, and darkness surrounding us almost with no hope. Therefore, CHRISTMAS this year is more important than every year, simply because CHRISTMAS means that we are not alone and there is God – who is a loving, compassionate father – who will never leave us.

With every single mother and baby going home in Good Health, and the dedication of Holy Family Hospital's team especially in this hard time a message of "Hope and Faith, that God is Good and He will not forsake us if we remain faithful to His message of Love" is spread.

Despite everything we went through this year, we are truly thankful to our donors and supports who have enabled us to provide the best medical care while keeping our mothers, newborns and the staff safe in these greatest times of need. Your generous support has sent the message of Love, Hope and Faith to those who might have felt forgotten and hopeless.

We wish you and your families, a blessed Christmas and a Happy New Year.



ST. BARBARA'S DAY

Eid il-Burbara or Saint Barbara's day is celebrated in the Holy Land on December 4. The traditional food for the occasion is Burbara, a bowl of boiled barely, pomegranate seeds, raisins, anise and sugar. Walnuts or almonds can be added. Families meet together on this day to celebrate and Holy Family Hospital's team also celebrates this day together where joy and love is spread among the team and the mothers inside the Hospital.



CHRISTMAS SPIRIT AT HOLY FAMILY HOSPITAL

Despite COVID19, some Staff members while maintain the right precautions, gathered to celebrate the annual Christmas tree lighting at the hospital.



Our annual Christmas dinner party was replaced by a smaller event of distributing Christmas cake and cookies, which drew a nice smile among the staff and was highly appreciated.



On Christmas day, the staff is always eager to meet the **Christmas baby** and this year we welcomed Baby Gayth, at 2:05 am. Baby Gayth is the Christmas gift the family was waiting for since the beginning of this pandemic.



Moreover, we were able to maintain our tradition of distributing gifts to mothers who delivered the night before or on Christmas day. The gifts were wrapped and distributed with love and care.



BABY NICOLA

St. Nicolas lived in a cave overlooking Bethlehem during his pilgrimage to the Holy Land in 3rd century. By Tradition, this is believed to be the cave now situated beneath the altar of the Arab orthodox church of St Nicolas in BeitJala. St. Nicolas day is celebrated on yearly basis on December 19, this is the same date were Mirna gave birth to Baby Nicola.

Mirna, 28 years old from Bethlehem used to work as a housekeeper at Notre dame Center of Jerusalem married since March 2020 To Ramzi 34 years old who used to work as a construction worker in Jerusalem, they both lost their jobs since the beginning of this Pandemic.

Newlywed, full of ambitions and dreams, suddenly finds themselves jobless and Mirna is pregnant.



"The moment I learned I was pregnant, I was so happy, felt as if I own the world but at the same time I was afraid and worried of how shall we secure medical care during the pregnancy and the cost of a deliver"

Mirna and Ramzi headed to Holy Family Hospital where they received all the needed prenatal care, medical care for their baby who needed intensive care after delivery.

"I called my baby Nicola since he was born on St Nicola's day. St Nicola is well known as Nicolas the wonderworker and the patron Saint of Children"

" My baby needed intensive care after delivery but I was so confident that my baby is in safe hands, Holy Family Hospital team and the Blessings of St Nicola's were taking care of my little one"

"I am so thankful to all the care; psychologically, medically and financially that I received at Holy Family Hospital which gave me back my confidence and sent me home full of faith and ready for a new start"



OVER 45 WELL WOMEN HEALTH CLINIC

The Over 45 Well Women Health Clinic opened its door for the first time on 2012 providing post-menopausal gynaecological check-ups, cancer screening and surgeries related to this age. Consultations are provided free of charge, in addition patients only pay no more than 30% of the cost of the laboratory tests and maximum 50% of the surgery costs. All of this is possible thanks to generous donators through Holy Family Hospital of Bethlehem Foundation. Annually Hundreds of women receive medical care through this dedicated clinic and only one in Bethlehem.

Women above the age of 45 were considered at most risk in case they catch-up COVID19, and according to the Ministry of Health instruction, this is one of the clinic that was closed at the beginning of this pandemic for safety measures besides the closures and curfews that were implemented, hence, women were unable to reach the hospital. However, Holy Family Hospital team was able to provide tele consultation to those women who needed medical consultation. Moreover, the team received women who needed medical interference under strict measurements to avoid catching COVID19. By the end of the year 686 consultations were made in side the hospital (other than the teleconsultations), and 92 surgeries.

Muna is one of our patients who seek medical care at our Over 45 Well women clinic during this pandemic.

Muna , 55 years old a housewife from Bethlehem married since 1989 to Abdallah, 59 years old, works at Bethlehem Municipality. They have 3 sons who are all now married and independent.

"Suddenly in August 2020, I felt unexpected pain which made me very worried, I heard from a neighbour of mine about the services provided at the Over 45 well women health clinic at Holy Family Hospital and most importantly that consultations are free of charge"

"Unfortunately, the doctor decided that I should go for a total abdominal hysterectomy"

"This is the last thing I need to hear this year, a pandemic, unpaid salaries, unemployment, and now a surgery that will change my life as a female!!!"



"Through this clinic I received more than a medical care; psychological care which helped me to overcome my fears and worries and most importantly to accept my body after such a huge change, a financial support, and a hope for a better future during these times, I am so thankful for all those who made this possible"

CONGRATULATION ON YOUR ENGAGEMENT

We witness Brides and Groom taking their first photos at the Beautiful Garden of Holy Family Hospital, their babies are born at Holy Family Hospital but now we are witnessing a new family, a new love starting. Two employees met for the first time while working at Holy Family Hospital. Dr Wisam Khair, who joined Holy Family Hospital on June 2020 for his Five months training through the Residency Program, met Kristen Al Yateem our Staff Nurse who is working at our Nursery since June 2018.



May God Protect this beautiful couple and lead this relationship to Truly Last forever.

CONGRATULATIONS FOR THE NEW BABY



Micheal Shaer, our maintenance employee who joined Holy Family Hospital team on May 2013 married to Rana since September 19, 2015. They have a baby Girl "Diana" born on April 2017. On December 1, 2020 had their Second baby girl "baby Ayla" at Holy Family Hospital.



Holy Family Hospital would like to Congratulate Mr. Micheal Shaer For holding a little treasure in your arms

FAREWELL



Dr Nadine Titi joined the Residency Training program recognized by the Palestine Medical Council and the Arab Board to complete her specialty in Obstetric Gynecology on July 2016.

"My decision to become a doctor did not come in a moment, but was a result of variety of experiences. Before attending university, I knew I would enter a profession which will involve providing care to others".

"Today, December 31, 2020 is my last day of training. During my training at Holy Family Hospital for 5 years as a Resident Doctor I've went through many wonderful moments and challenges that helped me to gained excellent experience, I'm so proud to be a graduate of Holy Family Hospital".

"I will always remember the team whom I spent with more time than with my family and I am so grateful that I had the chance to be part of them".

"The Hardest experience for me is working in the emergency department where every patient is considered to be at risk and quick decisions and immediate interventions are a must to save the life of the mother and her baby"





ORDER OF MALTA
HOLY FAMILY HOSPITAL
BETHLEHEM

TO MAKE A DONATION

Beneficiary Name: HOLY FAMILY HOSPITAL
Account №: 3890000/0
Bank Name: BANK OF PALESTINE PLC
BANK № 89 /BANK BRANCH № 450
P.O.BOX 765 - BETHLEHEM WEST BANK VIA ISRAEL

SWIFT: PALSPS 22

IBAN: PS52PALS045003890000333000000 (**EUR**)
PS47PALS045003890000013000000 (**USD**)
PS32PALS045003890000993000000 (**NIS**)
PS32PALS045003890000023000000 (**GBP**)

Correspondent banks: **USD:** CITI BANK N.A . - **SWIFT:** CITIUS33
GBP: COMMERZ BANK - **SWIFT:** COBADEFF
EUR: BANCO BILBAO VIZCAYA ARGENTARIA - **SWIFT:** BBVAESMM
EUR: ABN AMRO BANK, AMSTERDAM- **SWIFT:** ABNANL2A

MONTHLY DELIVERIES

| | 1990 | 1995 | 2000 | 2005 | 2006 | 2007 | 2009 | 2010 | 2012 | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 |
|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| JAN | 0 | 148 | 250 | 224 | 240 | 230 | 221 | 258 | 274 | 249 | 271 | 313 | 278 | 306 | 357 | 369 | 387 |
| FEB | 4 | 130 | 239 | 221 | 218 | 228 | 239 | 221 | 227 | 224 | 257 | 264 | 271 | 296 | 309 | 309 | 313 |
| MAR | 46 | 168 | 231 | 231 | 217 | 313 | 236 | 265 | 278 | 260 | 287 | 286 | 277 | 318 | 333 | 389 | 278 |
| APR | 68 | 180 | 274 | 240 | 216 | 322 | 280 | 298 | 265 | 301 | 267 | 277 | 268 | 295 | 344 | 389 | 275 |
| MAY | 85 | 188 | 288 | 238 | 237 | 366 | 284 | 304 | 229 | 250 | 240 | 297 | 304 | 365 | 373 | 400 | 323 |
| JUN | 85 | 202 | 294 | 258 | 219 | 277 | 275 | 333 | 261 | 278 | 302 | 311 | 313 | 362 | 380 | 399 | 390 |
| JUL | 84 | 188 | 329 | 235 | 243 | 276 | 328 | 307 | 306 | 279 | 314 | 379 | 379 | 427 | 450 | 439 | 402 |
| AUG | 71 | 199 | 309 | 235 | 256 | 264 | 280 | 286 | 296 | 289 | 319 | 351 | 340 | 403 | 476 | 448 | 446 |
| SEP | 109 | 167 | 275 | 234 | 280 | 233 | 261 | 295 | 291 | 267 | 281 | 327 | 329 | 386 | 409 | 398 | 387 |
| OCT | 116 | 193 | 223 | 257 | 295 | 255 | 297 | 270 | 281 | 274 | 258 | 286 | 309 | 365 | 369 | 378 | 366 |
| NOV | 97 | 203 | 165 | 213 | 257 | 224 | 247 | 237 | 249 | 271 | 251 | 224 | 278 | 371 | 369 | 347 | 331 |
| DEC | 104 | 198 | 175 | 207 | 268 | 238 | 265 | 236 | 209 | 242 | 265 | 253 | 307 | 326 | 340 | 361 | 372 |
| TOTAL | 869 | 2164 | 3052 | 2793 | 2946 | 3226 | 3213 | 3310 | 3166 | 3184 | 3312 | 3568 | 3653 | 4220 | 4509 | 4626 | 4270 |

TOTAL DELIVERIES SINCE 1990

88.234



STATISTICS

| | JAN | FEB | MAR | APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC | TOTAL |
|----------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|--------------|
| Consultations | | | | | | | | | | | | | |
| HFH | | | | | | | | | | | | | |
| Ob/gyn | 1188 | 1105 | 739 | 757 | 930 | 1089 | 982 | 1079 | 955 | 976 | 401 | 886 | 11087 |
| Pediatric | 285 | 159 | 101 | 108 | 189 | 238 | 157 | 204 | 204 | 197 | 133 | 154 | 2129 |
| Diabetic | 60 | 66 | 23 | 30 | 43 | 37 | 32 | 40 | 57 | 72 | 80 | 80 | 620 |
| Nutrition | 14 | 27 | 3 | 0 | 16 | 14 | 8 | 16 | 22 | 21 | 97 | 10 | 248 |
| Over 45 | 94 | 117 | 13 | 1 | 7 | 72 | 5 | 60 | 79 | 81 | 87 | 70 | 686 |
| Outreach | | | | | | | | | | | | | |
| Ob/gyn | 162 | 236 | 33 | 0 | 0 | 210 | 0 | 101 | 0 | 154 | 201 | 126 | 1223 |
| Pediatric | 67 | 125 | 16 | 0 | 0 | 78 | 0 | 28 | 0 | 132 | 210 | 132 | 788 |
| Private | | | | | | | | | | | | | |
| Ob/gyn | 903 | 851 | 409 | 479 | 613 | 757 | 662 | 618 | 758 | 764 | 763 | 813 | 8390 |
| Pediatric | 55 | 64 | 17 | 3 | 9 | 35 | 1 | 3 | 3 | 11 | 8 | 7 | 216 |
| TOTAL Consultations | 2828 | 2750 | 1354 | 1378 | 1807 | 2530 | 1847 | 2149 | 2078 | 2408 | 1980 | 2278 | 25387 |

| | | | | | | | | | | | | | |
|-------------------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|-------------|
| Obstetric | | | | | | | | | | | | | |
| Nb deliveries | | | | | | | | | | | | | |
| 3 class | 328 | 269 | 239 | 236 | 282 | 336 | 367 | 393 | 336 | 327 | 286 | 331 | 3730 |
| 1 & 2 class | 59 | 44 | 39 | 39 | 41 | 54 | 35 | 53 | 51 | 39 | 45 | 41 | 540 |
| TOTAL Deliveries | 387 | 313 | 278 | 275 | 323 | 390 | 402 | 446 | 387 | 366 | 331 | 372 | 4270 |
| C sections | | | | | | | | | | | | | |
| Total | 75 | 64 | 64 | 60 | 81 | 88 | 78 | 125 | 108 | 83 | 66 | 94 | 986 |
| Babies | | | | | | | | | | | | | |
| Total | 390 | 322 | 286 | 281 | 329 | 399 | 413 | 460 | 398 | 373 | 339 | 374 | 4364 |

| | | | | | | | | | | | | | |
|-------------------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|------------|
| Gynecologie | | | | | | | | | | | | | |
| Operations | | | | | | | | | | | | | |
| Minor op | 32 | 34 | 18 | 16 | 23 | 31 | 22 | 25 | 27 | 29 | 36 | 36 | 329 |
| Major op | 8 | 11 | 2 | 0 | 4 | 12 | 4 | 6 | 8 | 15 | 14 | 4 | 88 |
| TOTAL Operations | 40 | 45 | 20 | 16 | 27 | 43 | 26 | 31 | 35 | 44 | 50 | 40 | 417 |

| | | | | | | | | | | | | | |
|-------------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Ob / Gyn | | | | | | | | | | | | | |
| Admissions ≥ 5 days | 4 | 0 | 1 | 4 | 2 | 6 | 1 | 8 | 1 | 1 | 2 | 2 | 32 |
| Admissions < 5 days | 501 | 402 | 331 | 322 | 407 | 474 | 483 | 539 | 473 | 469 | 435 | 457 | 5293 |
| Total admissions | 505 | 402 | 332 | 326 | 409 | 480 | 484 | 547 | 474 | 470 | 437 | 460 | 5326 |
| Total days | 849 | 663 | 519 | 519 | 654 | 751 | 706 | 861 | 714 | 717 | 670 | 714 | 8337 |
| Ob / Gyn OCCUP % | 65.21% | 56.38% | 39.86% | 41.19% | 50.23% | 59.60% | 54.22% | 66.13% | 56.67% | 55.07% | 53.17% | 54.84% | 54.38% |

| | | | | | | | | | | | | | |
|-----------------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|--------------|-------------|-------------|-------------|-------------|---------------|
| Lab activity | | | | | | | | | | | | | |
| TOTAL Activity | 11222 | 12448 | 8117 | 8332 | 8263 | 8816 | 8248 | 10106 | 9276 | 9390 | 9251 | 9939 | 113408 |

| | | | | | | | | | | | | | |
|-----------------------|-----------|-----------|-----------|-----------|------------|------------|------------|------------|------------|------------|------------|------------|-------------|
| Anesthesia | | | | | | | | | | | | | |
| A. Générale | 6 | 4 | 3 | 4 | 6 | 2 | 1 | 3 | 3 | 5 | 3 | 5 | 45 |
| épidurale | 14 | 32 | 28 | 26 | 43 | 53 | 40 | 39 | 32 | 40 | 36 | 32 | 415 |
| Spinal | 70 | 55 | 59 | 56 | 72 | 83 | 76 | 115 | 104 | 79 | 72 | 87 | 928 |
| TOTAL Activity | 90 | 91 | 90 | 86 | 121 | 138 | 117 | 157 | 139 | 124 | 111 | 124 | 1388 |

| | | | | | | | | | | | | | |
|--------------------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Neonatal Intensive Unit | | | | | | | | | | | | | |
| Lenght | | | | | | | | | | | | | |
| Total days L1 | 203 | 239 | 201 | 161 | 168 | 113 | 248 | 184 | 214 | 206 | 184 | 203 | 2324 |
| Total days L2 | 63 | 69 | 55 | 104 | 72 | 106 | 81 | 67 | 83 | 71 | 83 | 66 | 920 |
| Total days L3 | 174 | 184 | 178 | 238 | 149 | 135 | 121 | 163 | 109 | 72 | 134 | 132 | 1789 |
| Total days | 440 | 492 | 434 | 503 | 389 | 354 | 450 | 414 | 406 | 349 | 401 | 401 | 5033 |
| Stay < 5 days | 17 | 15 | 22 | 20 | 12 | 16 | 18 | 14 | 17 | 11 | 9 | 13 | 184 |
| Stay ≥ 5 days | 26 | 20 | 20 | 18 | 14 | 17 | 16 | 23 | 28 | 19 | 26 | 20 | 247 |
| Stay ≥ 50 days | 2 | 4 | 4 | 2 | 0 | 3 | 3 | 1 | 2 | 1 | 2 | 1 | 25 |
| Admission | | | | | | | | | | | | | |
| adm L1 | 22 | 21 | 25 | 16 | 13 | 21 | 18 | 17 | 22 | 18 | 13 | 19 | 225 |
| adm L2 | 5 | 0 | 7 | 3 | 1 | 0 | 4 | 5 | 6 | 3 | 3 | 1 | 38 |
| adm L3 | 16 | 15 | 9 | 18 | 8 | 12 | 12 | 14 | 17 | 9 | 19 | 11 | 160 |
| Total Adm | 43 | 36 | 41 | 37 | 22 | 33 | 34 | 36 | 45 | 30 | 35 | 31 | 423 |
| Nb Premature | 8 | 6 | 4 | 13 | 5 | 9 | 5 | 13 | 8 | 4 | 7 | 8 | 90 |
| PED. OCCUP % | 78.85% | 97.62% | 77.78% | 93.15% | 69.71% | 65.56% | 83.33% | 74.19% | 75.19% | 64.63% | 74.26% | 71.86% | 76.61% |

| | | | | | | | | | | | | | |
|-------------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| TOTAL T. OCCUP % | 69.30% | 68.75% | 51.24% | 56.78% | 56.08% | 61.39% | 62.15% | 68.55% | 62.22% | 57.31% | 59.50% | 59.95% | 61.05% |
|-------------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|

| | | | | | | | | | | | | | |
|-----------------------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|------------|
| Poor Case Fund | | | | | | | | | | | | | |
| Mothers | 35 | 51 | 47 | 67 | 53 | 53 | 81 | 72 | 42 | 45 | 62 | 67 | 675 |
| Babies | 8 | 9 | 8 | 10 | 6 | 4 | 6 | 7 | 15 | 12 | 8 | 7 | 100 |
| Total cases Assisted | 43 | 60 | 55 | 77 | 59 | 57 | 87 | 79 | 57 | 57 | 70 | 74 | 775 |